

**New for
2020!**

TREATING PAIN SAFELY: An Update for Prescribers

**TUESDAY, MARCH 31, 2020
OR THURSDAY, OCTOBER 22, 2020**

LOCATION	MAHEC Education Building 121 Hendersonville Road Asheville, NC 28803
DATE	Tuesday, March 31, 2020
REGISTRATION PROGRAM	5:00 pm-5:30 pm (<i>dinner provided</i>) 5:30 pm-8:45 pm
DATE	Thursday, October 22, 2020
REGISTRATION PROGRAM	5:00 pm-5:30 pm (<i>dinner provided</i>) 5:30 pm-8:45 pm
PROGRAM FEE	\$45.00 (\$60.00 late fee)
STUDENTS	\$20.00 (\$35.00 late fee)
MAHEC EMPLOYEES AND PHARMACY RESIDENTS	Free (<i>must register to attend</i>)

REGISTRATION

Early registration deadlines: March 24, 2020 for the March 31, 2020 program & October 15, 2020 for the October 22, 2020 program

The program registration fee is \$45.00, \$20.00 for students, or free for MAHEC employees and pharmacy residents. These fees include administrative costs, educational materials, and dinner. If your registration is received after the above deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exception is for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program. Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

AUDIENCE

The program is recommended for physicians, physician assistants, pharmacists, nurse practitioners, and podiatrists. This program is also suitable for veterinarians and veterinary technicians.

DESCRIPTION

In recognition for specific education on opioid use disorder (OUD) and innovative treatment for chronic and/or acute pain, this new workshop will provide updated information on evidenced-based treatment modalities including non-opioid alternatives to pain management. Medical providers will gain tools to reduce the risk of opioid overdose, treat pain safely and the skills to screen and treat substance use disorders (SUDs) in a patient-centered way. Participants will gain knowledge on:

- Updated tapering recommendations for patients on chronic opioid therapy
- Enhanced information on harm reduction strategies
- Emerging data of postoperative pain management for patients with OUD
- Addressing stigma and bias that prevent patients from receiving the best care

This program was designed to satisfy, in full, The North Carolina Medical Board's CME requirement for controlled substance prescribers. Per NCAC rules: As of July 1, 2017 all physicians (other than residents), physician assistants, nurse practitioners, podiatrists, and dentists who prescribe controlled substances must satisfy the controlled-substance prescribing CE requirements as set forth by their licensing boards; requirements vary by discipline and board. This program has been approved by the North Carolina Veterinary Medical Board as meeting the CE requirement on the abuse of controlled substances for veterinarians and veterinary technicians.

MAHEC engages in evaluation activities to better understand the impact of our programs. By registering for this course, you agree that we may use your personal information in evaluative research regarding this program. Any reports published will be de-identified and reported in aggregate format.

COMMITTEE MEMBERS

Elizabeth Flemming, MA, LPC | MAHEC Asheville, NC

Carriedelle Fusco, RN, MSN, FNP-BC | MAHEC Asheville, NC

Karen Lambert | MAHEC Asheville, NC

Erin Major, BA | MAHEC Asheville, NC

Susan McDowell, MD | MAHEC Asheville, NC

Courtenay Wilson, PharmD, BCACP, BCPS, CDE, CPP | MAHEC Asheville, NC

PROGRAM AGENDA

- 5:00–5:30** Registration and Dinner (*Provided*)
- 5:30–5:45** **Current State of the Opioid Epidemic**
- 5:45–6:35** **Understanding Pain: Acute, Chronic, and the Effectiveness of Common Pain Medications**
- 6:35–7:10** **A Renewed Look at Pain Management**
- 7:10–7:25** Break
- 7:25–8:15** **Substance Use and Opioid Use Screening and Treatment**
- 8:15–8:45** **Communication Strategies to Reduce Stigma, Bias, and Harm When Working with Patients with a Substance Use Disorder**

OBJECTIVES

New & Updated

Upon completion of this knowledge based educational activity, participants will be able to:

- Describe and examine the impact of the opioid crisis
- Identify and apply the CDC guidelines for prescribing opioids for acute and/or chronic pain
- Summarize and apply the STOP Act of 2017
- List and differentiate the opioid alternatives for acute and chronic pain
- Discuss the effectiveness of medication-assisted treatment
- Interpret how stigma and bias create barriers to effective treatment of opioid use disorder (OUD)

CREDITS

Continuing Medical Education

Accreditation: Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **3.0** AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

Pharmacists: The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program 0046-9999-20-031-L01-P will provide **3.0** Contact Hours of continuing education. No partial credit will be given.



Credit statements can be viewed and printed from CPE Monitor. In order to receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Participants will evaluate this program using a standard evaluation form.

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **0.3** CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **3.0** contact hours.

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

FACULTY

Susan McDowell, MD, completed her undergraduate education in neuroscience at the College of Wooster, medical school at the Medical College of Virginia (VCU School of Medicine), and family medicine residency at Mountain Area Health Education Center (MAHEC) in Asheville in 2013. Since that time she has been working at the Hot Springs Health Program, a look-alike federally qualified health center in Madison County, NC. She recently joined MAHEC at the beginning of 2019 as a faculty member focusing on the opiate crisis.

Blake Fagan, MD, is the chief education officer and a family physician at the Mountain Area Health Education Center (MAHEC) in Asheville and a Professor in the Department of Family Medicine at the University of North Carolina at Chapel Hill. Dr. Fagan is also the clinical consultant for the opioid crisis at the CDC Foundation in North Carolina. He directs the office-based opioid treatment services provided at MAHEC's family health centers and trains healthcare providers and medical residency programs across the state in medication-assisted treatment, safe pain management, and safe opioid prescribing practices. Dr. Fagan completed his undergraduate education at the University of Missouri–Columbia, medical school at Vanderbilt University School of Medicine, and his family medicine residency at MAHEC in Asheville.

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50; turn left on Hendersonville Rd.

From I-40 W: Take Exit 50B; merge on Hendersonville Rd.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

PROVIDED BY



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UNC
ESHELMAN
SCHOOL OF PHARMACY

HAVE A QUESTION?
Contact the Program Planner

Karen Lambert

karen.lambert@mahec.net or 828-257-4761



Special Services

828-407-2108

REGISTRATION INFORMATION

828-257-4475

FAX REGISTRATION

828-257-4768

ONLINE REGISTRATION

www.mahec.net/cpd

EMAIL

registration@mahec.net

MAIL MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803

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[CLICK HERE TO REGISTER](#)

Send completed registration form to: #20ME064/60999
MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803 Fax: 828-257-4768

REGISTRATION FORM

Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- _____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

HOME # _____ WORK # _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE Vegetarian Gluten-free Vegan

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PROGRAM FEE \$45.00 \$60.00 (after 3/24/20)

STUDENTS \$20.00 \$35.00 (after 3/24/20)
(students must provide ID at check-in)

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AND PHARMACY
RESIDENTS Free (must register to attend)

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MAHEC EMPLOYEES
AND PHARMACY
RESIDENTS Free (must register to attend)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ CODE ON BACK OF CARD _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____



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