



MAKING MEDICATION-ASSISTED TREATMENT MORE MEANINGFUL:

USING EVIDENCE-BASED PRACTICES TO PROMOTE RECOVERY

3 DATES IN 2018

APRIL 23 | APRIL 24 | APRIL 25

PLEASE NOTE

LIMITED TO 40 PARTICIPANTS!
Register early to reserve your seat.

PROGRAM FEE: \$15.00 (no late fee or registration deadline)

DATE **Monday, April 23, 2018**
REGISTRATION PROGRAM 8:00 am–8:30 am (light breakfast provided)
8:30 am–4:30 pm (lunch provided)

LOCATION
Charlotte AHEC
Center for Learning and Development
5039 Airport Center Pkwy (Building K)
Charlotte, NC 28208 ([directions](#))

[CLICK HERE TO REGISTER](#)

DATE **Tuesday, April 24, 2018**
REGISTRATION PROGRAM 8:00 am–8:30 am (light breakfast provided)
8:30 am–4:30 pm (lunch provided)

LOCATION
South East AHEC
2511 Delaney Avenue (Pelican Classroom)
Wilmington, NC 28403 ([directions](#))

[CLICK HERE TO REGISTER](#)

DATE **Wednesday, April 25, 2018**
REGISTRATION PROGRAM 8:00 am–8:30 am (light breakfast provided)
8:30 am–4:30 pm (lunch provided)

LOCATION
Wake AHEC (offsite location)
Holiday Inn Raleigh, Crabtree Valley Mall
4100 Glenwood Avenue
Raleigh, NC 27612 ([directions](#))

[CLICK HERE TO REGISTER](#)

DESCRIPTION

One of the challenges of Medication-assisted Treatment (MAT) is that clients and counselors often focus on the medication and lose the balance of full recovery. This workshop will focus on how to use the evidence-based practices of motivational interviewing, Interactive Journaling®, cognitive behavioral treatment and the transtheoretical model of behavior change to broaden substance use disorder treatment beyond the “bio” (as in biopsychosocial) administration of the medication. It will help providers collaborate with clients to individualize substance use treatment based on the ASAM Criteria’s multidimensional assessment and develop person-centered services that hold clients accountable and attract them to recovery.

AUDIENCE

Physicians, nurse practitioners, physician assistants, nurses, mental health professionals (including substance abuse counselors, social workers, psychologists, marriage and family therapists, school counselors, etc.) and other professionals interested in this subject.

OBJECTIVES

Upon completion of this activity, participants will be able to:

- Review the biopsychosocial framework of addiction, with an emphasis on psychosocial aspects
- Discuss the influence of social and environmental factors on addiction and recovery
- Describe the biology and psychology of addiction and evidence-based supports for recovery
- Identify the role of medication in the biopsychosocial framework of addiction
- Practice strategies for including evidence-based interventions and collaboration to support effective treatment and recovery

This program is jointly provided by:

MEDICAL COURSE DIRECTOR

Joe Pino MD, FAAP, FACP, SEAHEC, Wilmington, NC

OTHER PROGRAMS FUNDED BY NC DHHS

The ASAM Criteria Overview One-Day Workshop

➔ [view program brochure](#)

The ASAM Criteria Skill Building Two-Day Training

➔ [view program brochure](#)



PROGRAM AGENDA

- 8:00–8:30** Registration and Light Breakfast (*provided*)
- 8:30–9:15** Transtheoretical Model of Behavior Change, ASAM Six Dimensions and Medication-Assisted Treatment
- 9:15–9:45** Social and Environmental Factors in Addiction and Recovery
- 9:45–10:30** Biological and Psychological Factors in Addiction and Recovery
- 10:30–10:45** Break
- 10:45–12:30** Evidence-based Treatment of Opioid Use Disorders: Effective Medications
- 12:30–1:30** Lunch
- 1:30–2:00** Evidence-based Treatment of Alcohol and Other Substance Use Disorders: Effective Medications
- 2:00–2:45** Integrating Evidence-based Psychosocial Interventions (Motivational Interviewing, Interactive Journaling®, Cognitive Behavioral Treatment) with Medication in Treating Addiction
- 2:45–3:00** Break
- 3:00–3:30** Intervention Practice and Integration Strategies
- 3:30–4:30** Implementation Barriers and Action Planning: Collaboration & Integration Across the System of Care

FACULTY

Claire Wilcox, MD, is an associate professor at the Mind Research Network in Albuquerque, NM, and an adjunct faculty member at the University of New Mexico (UNM). Claire received her medical degree at the University of Minnesota, completed a residency in internal medicine at the University of Colorado Health Sciences Center, and a second residency in psychiatry at the University of California at San Francisco as well as a fellowship in Addiction Psychiatry at the UNM. She is board-certified in psychiatry and addiction psychiatry. She has treated hundreds of patients with addictive disorders using evidence-based pharmacologic and behavioral interventions. Her research has focused on trying to improve our understanding of the neural mechanisms of change during treatment for addictive disorders, and she is experienced in using functional magnetic resonance imaging to explore these questions. Claire is a member of the Motivational Interviewing Network of Trainers as well as an associate editor for the New England Journal of Medicine Journal Watch, which disseminates summaries of important research to practicing clinicians. Claire is nationally-recognized for her broad clinical, research, and educational contributions, and is passionate about improving care in all modalities for the treatment of addictive disorders.

Faculty provided by:



And its partner training corporation:



HAVE A QUESTION? UNABLE TO REGISTER ONLINE?

Charlotte AHEC:

Elizabeth Flemming, MA, LPC
828-257-4466 or elizabeth.flemming@mahec.net

South East AHEC:

Olivia Herndon, MA
910-667-9333 or olivia.herndon@seahec.net

Wake AHEC:

Liz Griffin, MSW, LCSW
336-832-8025 or elizabeth.griffin@conehealth.com



CREDITS



NBCC: An application has been submitted to NBCC for co-sponsorship credit approval. Full attendance is required to receive credit.

Continuing Medical Education

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of MAHEC and the NC Department of Health and Human Services Division of MH/DD/SAS. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live educational activity for a maximum of **6.5 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

6.5 CNE Contact Hours

This continuing education activity was approved by MAHEC, an approved provider by the North Carolina Nurses Association (an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation). Participants must attend 80% of the activity to receive credit.

NCSAPPB (SAS): NC Substance Abuse Professional Practice Board Event Approval #18-134-S (Substance Abuse Specific) for **6.5 Hours**. Full attendance is required to receive credit.

Psychologists: MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **6.5 Hours Category A**. Full attendance is required to receive credit.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.7 CEUs** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **6.5 Contact Hours**. Full attendance is required to receive credit.

REGISTRATION

Program registration fee is \$15.00. This fee includes administrative costs, educational materials, light breakfast and lunch.

These programs have a pay-up-front policy. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

By registering for these programs, you are granting permission for your contact information to be shared with the NC Department of Health and Human Services Division of MH/DD/SAS, which is a joint provider of this continuing education activity.